

**LEEDS UNITED FOOTBALL CLUB LIMITED**  
FOOTBALL ADMINISTRATION  
OFFICES AND ACADEMY  
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**LEEDS UNITED ACADEMY  
OUTFIELD & GOALKEEPING  
OPEN TRIAL / PRE-SEASON FITNESS & SKILLS COURSE**

Leeds United Academy will be holding outfield and goalkeeping open trial, pre-season fitness and skills courses in the summer holidays. Each course will take place over two days and is open to boys aged 6 to under 15 years and will be of a high intensity, working with Academy Coaches on:

**OUTFIELD PLAYERS:**

- |    |                  |    |                              |
|----|------------------|----|------------------------------|
| 1. | Ball Familiarity | 3. | Running with the ball        |
| 2. | Fitness Drills   | 4. | Small sided structured games |

**GOALKEEPERS:**

- |    |                      |    |                  |
|----|----------------------|----|------------------|
| 1. | Handling             | 3. | Fast feet drills |
| 2. | Dealing with crosses | 4. | Communication    |
| 5. |                      |    |                  |

**The dates are: MONDAY 27<sup>TH</sup> JULY and TUESDAY 28<sup>TH</sup> JULY 2009**

**Venue: THORP ARCH, TRAINING GROUND (above address)**

Each day will commence at 10am and finish at 3pm.

Please note: FAPL Academy rules and regulations prevent us from signing players that are out of our area: these being 1 hour maximum travelling time to the training ground for Under 9 to 12s and 1½ hours for under 13s to 16s.

To book your son on the course, please complete the tear-off slip below and send it with payment to Carol Lamb at Leeds United Football Club, Walton Road, Thorp Arch, Leeds, LS23 7BA. Please enclose a S.A.E if you require written confirmation of your son's place on the course. The cost of a 2 day course is £40.00 (Outfield) and £50 (Goalkeeping), **payable to Leeds United Football Club Limited**. Please wear suitable outdoor clothing and bring football boots and astro-turf boots, packed lunch and drinks. **Please note:** due to this being a normal working day at Thorp Arch, no parents are allowed on site during the course.

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**THORP ARCH OPEN TRIAL & PRE-SEASON FITNESS COURSE (27<sup>TH</sup> & 28<sup>TH</sup> JULY 2009):**

**OUTFIELD (        )      GOALKEEPING (        ) please tick which course you are applying for!**

Full Name of Child: .....

Date of Birth: ..... Age Group: (eg u7's).....

E-Mail Address: .....

Full Address: .....

Position: .....

Emergency Tel. No: .....

Signed..... (Parent/Guardian)

It is understood that it is the Parent/Guardian's responsibility to inform Leeds United Football Academy of any medical condition that could affect a child's participation in any activity. Please give further details if appropriate.

\* Leeds United **will not** give refunds after the course date unless it is unforeseen circumstances. It is not our responsibility to notify you that your child as a place, unless you enclose a SAE. It is entirely your responsibility to get your child on the course on the correct date and time.